



Compass Health[®]
Network

FREE Virtual Grief Groups for Adolescents

- We hope you can join us for all six sessions, but if you're only able to join for a few that's fine too
- **Wednesdays from 4:00 - 5:00 pm**
- Provided by master's level behavioral health clinicians
- Topics include: self-care, positive affirmations honoring loved ones and more
- RSVP: aschwarz@compasshn.org or tt23036@compasshn.org or call our crisis line at 888-237-4567 to help get connected